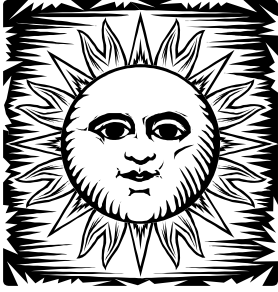
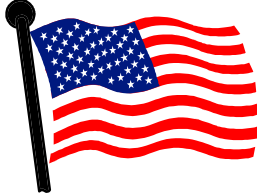


YWCA San Gabriel Valley - Senior Café Menu

➡ ➡ **IMPORTANT:** "YOUR CHOICE" MEALS WILL BE ORDERED BASED ON THE SELECTIONS MADE; OTHERWISE, FIRST COME, FIRST SERVED. YOU SHOULD KNOW THAT WE MAY NOT BE ABLE TO HONOR YOUR FIRST CHOICE.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		<p style="text-align: center;"><i>Administered by</i> YWCA San Gabriel Valley Senior Services <i>and funded in part by the Los Angeles County Area Agency on Aging through the Older Americans Act of 1965 as amended.</i> Administrative offices at 943 North Grand Avenue Covina, CA 91724-2046 Phone: 626-960-2995 Fax: 626-814-0447 email: intervale@ywcasgv.org www.ywcasgv.org</p>		<p>1 VEGETABLE SOUP PORK LOIN ROAST HONEY GLAZED SWEET POTATOES PICKLED BEETS GARDEN SALAD W/ SHREDDED RED CABBAGE & CARROT FRENCH DRESSING WHOLE GRAIN BREAD W/ MARGARINE SLICED HONEYDEW</p>	<p>2 MINSTRONE SOUP SWEDISH MEATBALLS W/ SOUR CREAM SPIRAL PASTA BROCCOLI W/ BABY CORN TOSSED SALAD W/ RADISHES RANCH DRESSING DINNER ROLL W/ MARG. FRESH BANANA</p>
<p>5 CINCO DE MAYO ALBONDIGAS SOUP TOSTADA SALAD TEX-MEX RICE REFRIED BEANS SHREDDED CHEESE LETTUCE, TOMATO CHUNKS, BLACK OLIVES CREAMY FRENCH DRESSING SALSA, SOUR CREAM TORTILLA CHIPS CITRUS FRUIT CUP</p>	<p>6 NAVY BEAN SOUP TURKEY ALA KING W/ GRAVY MASHED POTATOES NORMANDY VEGETABLES LEMON GELATIN W/ MANDARIN ORANGES, CELERY & SHREDDED CARROT BISCUIT W/ MARGARINE MONICA'S MARBLE BROWNIE</p>	<p>7 SOUP & SUB CHICKEN VEGETABLE BARLEY SOUP SUBMARINE SANDWICH (ROAST BEEF, TURKEY & JACK CHEESE) MAYO & MUSTARD PKTS. DILL PICKLE SLICES LETTUCE, TOMATO & ONION SLICES MACARONI SALAD BROCCOLI SLAW HOAGIE ROLL W/ MARG. CHOCOLATE PUDDING</p>	<p>8 SPLIT PEA SOUP BARBECUE PORK RIBBLETS ROASTED POTATOES CORN NIBBLETS SPINACH SALAD W/ MUSHROOMS CREAMY ITALIAN DRESSING WHOLE GRAIN ROLL W/ MARGARINE ORANGE SECTIONS</p>	<p>9 MOTHERS DAY MENU PINEAPPLE JUICE ROAST BEEF W/ GRAVY MASHED POTATOES PEAS & CARROTS LETTUCE & TOMATO SALAD FRENCH DRESSING WHOLE GRAIN ROLL W/ MARGARINE APPLE PIE</p>	
<p>12 APPLE JUICE ITALIAN SAUSAGE & GREEN PEPPERS SPAGHETTI IN ITALIAN SAUCE FIESTA GREEN BEANS SPINACH SALAD W/ MUSHROOMS CREAMY ITALIAN DR. WHOLE GRAIN BREAD W/ MARGARINE AMBROSIA</p>	<p>13 BERRY JUICE BEEF & CHEESE ENCHILADA CASSEROLE SPANISH RICE W/ 1/2 C WHITE & 1/2 C BROWN ZUCCHINI & TOMATO MEXICALI COLESLAW FLOUR TORTILLA W/ MARGARINE CUSTARD</p>	<p>14 SOUP & SALAD VEGETABLE SOUP CHINESE CHICKEN SALAD CHINESE CRISPY NOODLES MARINATED 1/4 C ORANGE SALAD SALAD VEGETABLES WHOLE GRAIN ROLL W/ MARGARINE PINEAPPLE CHUNKS</p>	<p>15 YOUR CHOICE BROCCOLI & CHEESE SOUP ROAST TURKEY OR ROAST PORK W/ GRAVY MASHED POTATOES CREAMY SPINACH GARDEN SALAD W/ SHREDDED RED CABBAGE & RADISHES FRENCH DRESSING CORN BREAD W/ MARG. CITRUS FRUIT CUP</p>	<p>16 POTATO & ONION SOUP TUNA SALAD SANDWICH W/ LETTUCE & TOMATO MAYO & MUSTARD PKTS. MACARONI SALAD THREE BEAN SALAD CARROT-RAISIN SALAD 2 SLICES WHEAT BREAD W/ MARGARINE FRESH SLICED CANTALOUPE</p>	
<p>19 YOUR CHOICE NAVY BEAN SOUP TERIYAKI CHICKEN OR FISH VERA CRUZ W/ TARTAR SAUCE RICE (1/2 BROWN & 1/2 WHITE) LIMA BEANS & CARROTS MARINATED TOMATO, GREEN PEPPER & ONION SALAD CORN BREAD W/ MARG. COCONUT PUDDING</p>	<p>20 SPLIT PEA SOUP SLOPPY JOES MACARONI & CHEESE BROCCOLI W/ RED PEPPERS LETTUCE & TOMATO SALAD RANCH DRESSING WHOLE GRAIN WHEAT HAMBURGER BUN W/ MARGARINE CINNAMON APPLESAUCE</p>	<p>21 GRAPE JUICE PORK CHOP W/ GRAVY SWEET POTATO GREEN BEANS & CORN TOSSED SALAD W/ MUSHROOMS CREAMY ITALIAN DR. WHOLE GRAIN ROLL W/ MARGARINE FRESH BANANA</p>	<p>22 BEEF STEW BOILED POTATOES STEW VEGETABLES BROCCOLI SLAW DINNER ROLL W/ MARGARINE PEACH COBBLER W/ OATMEAL CRUMB TOPPING</p>	<p>23 MEMORIAL DAY PICNIC ORANGE JUICE BARBECUE BEEF SLICES POTATO SALAD BAKED BEANS CARROT-RAISIN SALAD SOFT ROLL W/ MARGARINE CHERRY PIE</p>	
<p>26 MEMORIAL DAY  CENTER CLOSED</p>	<p>27 LENTIL SOUP SALISBURY STEAK W/ BROWN GRAVY SCALLOPPED POTATOES GREEN BEANS & CARROTS BROCCOLI SLAW WHOLE GRAIN ROLL W/ MARGARINE FRESH APPLE</p>	<p>28 APPLE JUICE STEAK PICADA TEX-MEX RICE (1/2 WHITE & 1/2 BROWN) PINTO BEANS GARDEN SALAD W/ SHREDDED CARROT & TOMATOES FRENCH DRESSING FLOUR TORTILLA W/ MARGARINE SLICED HONEYDEW</p>	<p>29 SOUP & SALAD NAVY BEAN SOUP SANTA FE CHICKEN SALAD W/ CHICKEN STRIPS, EGG GARNISH, CHEESE BLACK BEANS & WHOLE KERNEL CORN CARROT-PINEAPPLE SALAD LETTUCE W/ TOMATO CHUNKS, BLACK OLIVES, GREEN PEPPER RINGS, CILANTRO RANCH DRESSING WHOLE GRAIN ROLL W/ MARGARINE ORANGE SECTIONS</p>	<p>30 MINSTRONE SOUP W/ 1/2 C VEGETABLES BEEF & CHEESE LASAGNA NORMANDY VEGETABLES LETTUCE SALAD W/ 1/4 C ORANGE CHUNKS FRENCH DRESSING FRENCH BREAD W/ MARGARINE TAPIOCA PUDDING</p>	

SUBJECT TO CHANGE WITHOUT NOTICE *** SUGGESTED DONATION \$2.00 *** LOW FAT MILK INCLUDED