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eliminating racism
empowering women

ywca

San Gabriel Valley

W.E. EMPOWER CENTER

A RESOURCE CENTER DEDICATED TO WELLNESS, EQUITY & EMPOWERMENT

established in 2022

The Wellness, Equity, and Empowerment (W.E. Empower) Center stands as a dynamic community resource hub, providing an array of services and resources in multiple languages (i.e., English, Spanish, and Mandarin) and to various age groups, including youths, teens, adults, and seniors. Guided by our unwavering commitment to equity and social change, YWCA-SGV passionately pursues its mission through thoughtful programming and fruitful collaborations with our partners in San Gabriel Valley. Together, we strive to empower individuals and ignite a positive transformation within our community!



Education



Wellness



Outreach



Community



YWCA San Gabriel Valley



ywcasgv



ywcasgv



YWCA_SGV



YWCA San Gabriel Valley



WELLNESS FOR ALL

As a community, we are united! YWCA-SGV focuses on the wellness of the residents of San Gabriel Valley to thrive by engaging and delivering valuable services and resources through community events, health education, and wellness activities while celebrating cultural diversity.



ADVOCATING FOR EQUITY

Advocating for change takes commitment, courage, and compassion. Our Racial & Social Justice (RSJ) Taskforce offers strategies and resources to become an effective advocate to eliminate racism, while offering a safe healing and restoration space for healthy dialogue.



EMPOWERMENT PROGRAMMING

We have programming that aims to empower growth, including mental health workshops, trauma-informed care webinars, financial literacy education, 40-Hour DV Advocacy Training, Mental Health First Aid Training, Pathways to Empowerment Program, and QPR Suicide Prevention Training.



COMMUNITY ENGAGEMENT

Our agency works with the community through event planning, outreach, and by creating inclusive spaces to hear the needs of the community. We use the insights to meet the needs of the community and to make services and resources easily accessible.



"The community events are well-organized with a diversity of resources catering to various age groups and interests. YWCA-SGV is great and doing a great job! I support their efforts and can't wait to see what's next!"

-San Gabriel Valley Resident